



**DEPARTMENT OF DIAGNOSTIC IMAGING  
PATIENT PREPARATION FOR BARIUM ENEMA PROCEDURE  
Phone: 807-274-4808**

NAME: \_\_\_\_\_

APPOINTMENT DATE: \_\_\_\_\_ TIME: \_\_\_\_\_

**PLEASE ARRIVE IN ADMITTING 15 MINUTES PRIOR TO EXAM TIME TO REGISTER.**  
**PLEASE DO NOT BE LATE. IF YOU ARE LATE YOU MAY BE RESCHEDULED.**  
**NOTIFY THE DEPARTMENT IF YOU ARE A DIABETIC**

**PREPARATION:**

**DAY BEFORE EXAM:**

1. Purchase 1 Bottle of Citro-Mag (Magnesium Citrate 300 ml) at your Pharmacy.
2. Start drinking water beginning at 9:00 in the morning. One glass (250 ML) every hour until 3:00 p.m.
3. Eat a normal lunch at 12:00 noon.
4. At 3:00 p.m. drink the entire bottle of Citro-Mag. **DO NOT EAT ANY SOLID FOOD AS THIS WILL INTERFERE WITH YOUR PROCEDURE**
5. For supper, drink plenty of clear fluids until evening (water, apple juice, clear soup or broth). **DO NOT EAT ANY SOLID FOOD AS THIS WILL INTEREFERE WITH YOUR PROCEDURE**
6. After 8:00 p.m. drink water only.
7. The morning of your procedure, drink 2 glasses of water at your leisure. **YOU MUST FAST (EXCEPT WATER) UNTIL YOUR PROCEDURE IS COMPLETE**

**NOTE: IF THE LAXATIVE DOES NOT WORK THEN PLEASE NOTIFY THE DIAGNOSTIC IMAGING DEPARTMENT AT 274-4808, THE MORNING OF YOUR SCHEDULED APPOINTMENT.**

**PLEASE TAKE ALL MEDICATION AS USUAL. THIS WILL NOT INTERFERE WITH YOUR PROCEDURE.**

**DIABETIC PATIENTS SHOULD HAVE A LIGHT BREAKFAST.**

If you are unable to come for your Ultrasound or have any questions, please call the DIAGNOSTIC IMAGING department at 274-4808 between 8:00 a.m. and 4:00 p.m.