



PEDIATRIC SURGERY PRE-OPERATIVE PATIENT INSTRUCTIONS

- The hospital Surgical Booking Clerk will contact you with a date and time for your procedure. Call a few days prior to reconfirm the arrival time at 274-4846.
- Children **1-14 years of age**: Do not eat anything after midnight the day of surgery. Clear fluids may be taken until 4:00 a.m. the day of surgery (no milk, no solid food). **If your child has had anything by mouth after 4:00 a.m., his/her surgery will be cancelled.**
- **Infants to 1 year of age**: Feed your baby as usual the day before the surgery. No solid foods may be given after midnight the day of surgery. Up to 4 hours before surgery, your baby may be breastfed or given formula, your baby then can have nothing to eat or drink. **If your baby has had anything by mouth within 4 hours of surgery, his/her surgery will be cancelled.**
- Ask the doctor at your pre anaesthetic assessment (PAA) whether you are to take your regular medications the day of surgery. **Aspirin (ASA), blood thinners (Coumadin, Warfarin) Ticlid, Plavix should be discussed with a doctor at least 1 week prior to your surgery date. Diabetics** please clarify insulin/medication orders at this time.
- Bring any current medications with you to the hospital.
- Bathe your child either the evening before or the morning of surgery. Wash the surgical area well with soap and water (if applicable).
- Do not wear make-up, nail polish, or contact lenses the day of surgery.
- Wear comfortable, loose clothing the day of surgery. Leave all jewellery and valuables at home.
- Bring all health care information with you (health card, any insurance numbers, WSIB numbers)
- Riverside Health Care Facilities is a smoke free environment.
- Only parents or legal guardian to accompany child. Siblings and other family members should stay at home.
- Post operative instructions will be given to you before you go home.

If your health status changes prior to your surgery date notify your family physician or the surgeon's office immediately.

If you are unable to keep your scheduled surgery date, or if you have any questions or concerns please notify the hospital surgical booking clerk ASAP Mon-Fri from 8:30 a.m. to 4:30 p.m. at 807-274-4846. If after hours or weekends, notify the Nursing Supervisor at 807-274-3261 ext 4514.