



LOCAL ANAESTHETIC PRE-OPERATIVE PATIENT INSTRUCTIONS

- The hospital Surgical Booking Clerk will contact you with a date and time for your procedure. Call a few days prior to reconfirm the arrival time at 274-4846.
- Eat a light meal and drink fluids as routine up to 2 hours before your procedure.
- Consult your Doctor about taking the following medication the day of your procedure. **Aspirin (ASA), blood thinners (Coumadin, Warfarin), Ticlid and Plavix should be discussed with your Doctor at least 1 week prior to your surgery date.**
- Bring your medications with you to the hospital.
- Shower or tub bathe either the evening before or the morning of surgery. Wash the surgical area well with soap and water.
- Do not wear make-up, nail polish, or contact lenses the day of surgery.
- Wear comfortable, loose clothing the day of surgery. Leave all jewellery and valuables at home.
- Bring all health care information with you (health card, any insurance numbers, WSIB numbers)
- Riverside Health Care Facilities is a smoke free environment.
- You may need sedation. Have a responsible adult accompany you and drive you home.
- Plan to stay at the hospital 2-3 hours the day of your surgery.
- Post operative instructions will be given to you before you go home.

If your health status changes prior to your surgery date notify your family physician or the surgeon's office immediately.

If you are unable to keep your scheduled surgery date, or if you have any questions or concerns please notify the hospital surgical booking clerk ASAP Mon-Fri from 8:30 a.m. to 4:30 p.m. at 807-274-4846. If after hours or weekends, notify the Nursing Supervisor at 807-274-3261 ext 4514.