



Riverside Health Care Facilities Inc.
110 Victoria Avenue
Fort Frances, Ontario P9A 2B7
"Connecting Communities – Committed to Caring"

GASTROSCOPY PATIENT INSTRUCTIONS

The hospital Surgical booking Clerk will contact you with a date and time for your procedure. Call a few days prior to reconfirm the arrival time at 274-4846.

- If your gastroscopy is scheduled for the morning: Do not eat or drink anything after midnight on the day of your surgery (not even while brushing your teeth)
- If your gastroscopy is scheduled for the afternoon: You may have 1 cup (8 ounces) of clear fluid before 8:00 a.m. the day of surgery. No food is allowed.
- Consult your Doctor about taking any medication the day of your gastroscopy. Such medications as Insulin, Aspirin (ASA), blood thinners (Coumadin, Warfarin), Ticlid, Plavix, heart and blood pressure pills should be discussed with your Doctor at least 1 week prior to your surgery date.
- Wear comfortable, loose clothing the day of surgery. Leave all jewellery and valuables at home
- Bring your medications to the hospital.
- Bring all health care information with you (health card, any insurance numbers, WSIB numbers)
- Plan to stay at the hospital 1-2 hours following the procedure.
- You will receive sedation. It is not safe for you to drive a motorized vehicle, have a responsible adult accompany you and drive you home.

If your health status changes prior to your surgery date notify your family physician or the surgeon's office immediately.

If you are unable to keep your scheduled surgery date, or if you have any questions or concerns please notify the hospital surgical booking clerk ASAP Mon-Fri from 8:30 a.m. to 4:30 p.m. at 807-274-4846. If after hours or weekends, notify the Nursing Supervisor at 807-274-3261 ext 4514.